

# New Milford PARKS & RECREATION



**NEW MILFORD BARRACUDAS SWIM TEAM**  
*Please find information about the Barracuda Swim Team on Page 4*

[www.newmilfordrec.com](http://www.newmilfordrec.com)

FALL-WINTER 2018/2019

# ONLINE REGISTRATION

Registering online is a great way to save time and gas and can be accessed 24 hours a day. To register online, just follow these simple steps:

- Go to [www.newmilfordrec.com](http://www.newmilfordrec.com)
- Click on the left side link to create an account with your household name, providing us with emergency contacts, allergy/medical information and more so we can serve you better. It is recommended that you do not "opt out" of email notifications since it is a way to notify you of changes and cancellations, and don't forget to enter your cell number with the carrier so we can text you with any last minute changes.
- Be sure to add all the members of your household into the account.
- Once your new account is created, you can access your account 24/7, view program information, register for programs, view account history and much more.

**SPECIAL NOTICE REGARDING ONLINE REGISTRATION: All online registrations are assessed a 3% processing fee.**

**You can register by online at [www.newmilfordrec.com](http://www.newmilfordrec.com) or by mail for some of your favorite Parks and Recreation programs! Simply enter the information, pay by credit card, or download the registration form and mail it in/walk in with a check**

## Registration

All programs listed in this brochure or online are open for registration on August 10 unless otherwise stated. We reserve the right to cancel any program not meeting enrollment requirements.

**WE ACCEPT ONLINE, WALK-IN AND MAIL-IN REGISTRATIONS FOR MOST PROGRAMS UNLESS OTHERWISE NOTED. PLEASE CALL THE PARKS & RECREATION OFFICES TO VERIFY SPECIAL REGISTRATIONS (860-355-6050).**

If you are interested in signing up for a program and do not have internet capabilities, please come to our office during scheduled business hours (7:30am to 4:00pm) at JPCC, 2 Pickett District Road, NM. This does not apply to programs that require a special registration.

Registrations cannot be accepted over the phone or at the class site. All fees and league deposits for youth, teen, adult and family programs are non-refundable unless a program is cancelled. If false information is given on a registration form, you will be asked to leave the program with no refund. Programs are open to all New Milford residents. Non-residents may register for most programs, depending on availability or as otherwise noted at an additional cost of \$10.00.

**Individuals who submit an invalid check for a Parks and Recreation program will be charged an additional \$15.**

The New Milford Parks and Recreation Department is now on the Internet. Visit us at [www.newmilfordrec.com](http://www.newmilfordrec.com).

## Our Mission

The mission of the New Milford Parks and Recreation Department is to provide quality leisure opportunities in a safe and healthy atmosphere and to enhance the quality of life of the community through the responsible management of parks, recreation activities and natural resources. To meet these ends, the Parks and Recreation Department attempts to provide safe and wholesome recreational services of both a passive and active nature. Our goal is to create a balance of activities, special events, and programs for any and all segments of the population.

## Come See Us...

The New Milford Parks & Recreation Department is located at JPCC, 2 Pickett District Road, NM.

**Information Line 860-355-6050      Fax Number 860-355-6052**

The Parks and Recreation Department has a 24-hour information line. Our office hours are from 7:30am to 4:00pm, Monday through Friday. For up-to-the minute program cancellation information, visit us online at [www.newmilfordrec.com](http://www.newmilfordrec.com) or call 355-6050 and press option #4. If you have a question or concern, leave your name and number and we will return your call.

## Our Programs are Accessible to All

The New Milford Parks and Recreation Department is an equal opportunity agency and we do not exclude or discriminate with regard to our services, programs and activities regardless of race, color, religion, sex, natural origin, age, or disability. The Recreation Department is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. Efforts shall be made to accommodate the needs of any individual with any disability.

## Scholarships are Available

Any New Milford resident may request a scholarship for recreation programs when a need exists. Requests must be made in writing on an official application form. All requests are kept confidential and will be evaluated based on financial and/or personal hardship. Applications are available at the Social Services Department at the John Pettibone Community Center, 2 Pickett District Road, NM.

## TOWN PARKS

### Town Green

The New Milford Town Green is located on Main Street and boasts of being the prettiest Green in New England. It consists of a passive open space with a picturesque bandstand. The Green can be used by New Milford non-profit organizations if applied for and approved by the Parks & Recreation Commission. Alcohol is allowed **by permit only** at this location. Bandstand use is permitted until 9:00 pm.

### Lynn Deming Park

Lynn Deming Park opens on the Saturday of Memorial Day Weekend, and closes on Labor Day. There is no alcohol allowed in the Park. Animals, of any kind, are not permitted in the park. Smoking is not permitted on the beach. Complete copies of the Park Rules are available at the Park entrance or at the Parks and Recreation Office. A park pass is required. Directions: Route 7 north, left on to 134 Candlewood Lake Road North. Park is approximately 1 mile on the right. A PARK PASS IS REQUIRED TO GAIN ACCESS.

### Carlson's Grove

Very picturesque picnic area and playground are on this site along the East Aspetuck River. Picnic tables, a park pavilion, grills, fishing, and a field for passive-active recreation, plus a parking area are located at this site. Alcohol is allowed **by permit only** at this site. Park opens one half hour before sunrise, and closes one hour after sunset. Directions: Route 202 to 10 Wheaton Road and the Park is on the right after the bridge.

### Addis Park

Picnic area on the Housatonic River with a boat launch ramp. Opens one half hour before sunrise and closes one half hour after sunset (except access to boat launch). Directions: Route 67 to 220 Grove Street. A PARK PASS IS REQUIRED.

### Baldwin Park

Walking trail with native flowers and plants. Closes one half hour after sunset. Directions: Route 202 to Hipp Road, the park is on the left behind Schaghticoke School. Park your car and follow the path to the start of the trail.

### Clatter Valley

Approximately 100+ acres of open space for outdoor recreational activities, including horseback riding, cross country skiing, fishing, tobogganing, a hiking trail and a pond. There is a public pavilion with picnic tables

available for reserved group use. Alcohol is allowed **by permit only** at this site. Park opens one half hour before sunrise, and closes one half hour after sunset. Directions: Rt. 67, turn right on to Grove Street, left on to Hine Hill Road. At the stop sign take a right to 158 Town Farm Road. Park is on the right.

### Hulton Meadow

Small (3.69 acres) landscaped area along the East Aspetuck River with benches and picnic tables. Rte. 202 south to Grove Street, right turn onto Mill Street (small parking area at the bridge).

### Young's Field

An active recreation area which offers a skate park, tennis courts, basketball court, tot lot playground, pavilion, and multi-use athletic fields. A kayak ramp is located across the street on the Housatonic River. Directions: Bridge Street to 6 Young's Field Road.

### Andrew Gaylord Barnes Park

Small passive area along the Housatonic River. Route 7 north to Boardman's Bridge at 292 Kent Road.

### Ray Ramsey Park

Small landscaped square with benches and a kiosk listing community events. The park is located at the junction of Bridge and Railroad Streets, next to the Railroad Station.

### Emanuel Williamson Park

Park with playground area, basketball courts, and a picnic area. Park opens one half hour before sunrise, and closes one half hour after sunset. Directions: Route 7 North to Gaylordsville. Park is on the left at 643 Kent Road and Donna Drive.

### Helen Marx Park

Two Little League Baseball fields with an overlapping soccer field located at 91 Housatonic Avenue.

### Sega Meadows Park

Forty-three acres of undeveloped park land bordering the Housatonic River with a biking path, trails and fishing dock. Directions: Route 7 North, turn right onto Boardman Road, turn left onto River Road, the asphalt road turns into dirt and the park entrance will be on your left at 120 River Road.

### Northville Soccer Fields

Two full-sized soccer fields located immediately behind Northville Elementary School at 22 Hipp Road. There is a walking trail that links the

Northville Soccer Fields to Sullivan Farm. Directions: Route 202 north, turn left onto Hipp Road and turn right into the Northville School Parking lot. The fields are located behind the school.

### Sarah Noble Soccer Fields

A two acre parcel that contains a soccer field. The field may be accessed from the Sarah Noble Intermediate School or from the Home Depot stairs found on the right hand side of the parking lot. The field is located on Route 7 directly behind Home Depot (25 Sunny Valley Road).

### Canterbury Pond (Conn's Pond)

A small one-acre park used for fishing and ice skating. Directions: Route 202 North on the left side ½ mile past the New Milford Police Department at Park Lane Road.

### Pickett District Road Ball Fields

Four bambino-sized baseball fields on 10 acres of land at 189 Pickett District Road. Fields located on the left past Kimberly Clark

### Nostrand Trail

Wilderness trail through 138 acres of land at 56 Squire Hill Road. Directions: Route 202 north; make a left onto Little Bear Hill Road and a right onto Squire Hill Road. Trail approx. ½ mile on the right at the top of the hill.

### Chappuis Park

A 1.43 acre open meadow on the banks of the East Aspetuck River. Directions: Route 202 north; make a left onto Van Car Road and a right on to 108 Paper Mill Road. Park is on your right.

### Pettibone Park

A park with a new state of the art playground, two softball fields and a multipurpose field. Directions: Route 7 south; make a left to 2 Pickett District Road and the park is on your immediate right. New Milford residents may, with approval of the Parks and Recreation Commission or the Director, reserve all parks with the exception of Canterbury Pond, Nostrand Trail and Pettibone Park. Use of these parks is available 365 days per year. The Park Reservation Form may be obtained at the Parks & Recreation Department or at [www.newmilford.org](http://www.newmilford.org). During the season, Lynn Deming Park may be reserved weekdays after 1 pm and weekends after 4p.m. only. Clatter Valley Park and Carlson's Grove Park are the only parks where alcoholic beverages are allowed, by permit only.

## Important Locations

New Milford High School.....	388 Danbury Road
Schaghticoke Middle School .....	23 Hipp Road
Sarah Noble Intermediate School.....	25 Sunny Valley Road
John Pettibone Community Center (JPCC) .....	2 Pickett District Road
Northville School.....	22 Hipp Road
Hill & Plain School.....	60 Old Town Park Road
East Street School (Lillis Building).....	50 East Street
The Maxx Teen Center.....	94 Railroad Street
New Milford Fitness & Aquatics Club .....	130 Grove Street
Canterbury School.....	101 Aspetuck Avenue

## AQUATICS

### Boat Slip Registration

Open Boat Slip Registration will take place on Friday, March 1, 2019 at New Milford Parks & Recreation, JPCC, 2 Pickett District Road, New Milford. Boat slips are available to New Milford residents/taxpayers ONLY! Please call New Milford Parks & Recreation for additional information at (860) 355-6050.

### Kayak/Canoe/Paddleboard Rack Rental

Are you interested in keeping your kayak, canoe or paddleboard at Lynn Deming Park for the 2019 season? Registration for rack rental will take place on Thursday, March 7 at New Milford Parks & Recreation, JPCC, 2 Pickett District Road until all racks are rented, 8AM- 4 PM. New Milford residents/taxpayers only.

### Swim Team: Fall Barracudas Swim

A Yankee Swim League Team!

**The Fall/Winter swim season runs from September 17, 2018 thru the first week of March 2019 (contingent on championship dates).**

The Barracudas are a competitive team and participants are expected to swim in meets. This is NOT an instructional program.

**Open Registration is August 1, 2018 thru August 31, 2018 and limited to 120 registrations. PLEASE NOTE: A \$50. REGISTRATION FEE MUST BE PAID DURING THE INITIAL REGISTRATION! ABSOLUTELY NO REFUNDS AFTER SEPTEMBER 7, 2018.**

**Once swimmers have been placed into their appropriate practice group, the final payment must be completed by September 7, 2018 to avoid a \$50. late fee!**

**Swimmers will not be allowed in the pool until all fees are paid IN FULL!**

#### Program Information

- An excellent way to perfect swimming strokes, stay fit and build a lifelong love of swimming!
- Practice days may be M-T-W-T-F evenings with competitive meets generally held on Saturdays
- ALL NEW SWIMMERS WILL BE SUBJECT TO A TRYOUT PRIOR TO THE SEASON.
- Tryouts will be announced and parents will be notified of assigned practice groups after the completion of tryouts. Swimmer must be prepared to swim with cap and goggles.
- Swimmers will be grouped by Beginner (A Group), Intermediate (B Group) and Advanced (C Group) after try-outs.
- Practice takes place at Canterbury School Pool OR alternative location TBA.
- ALL GROUPS: \$50. Registration Fee. Final Balance due by September 7. If payment made after September 7, a late fee of \$50. will be charged. Non-residents please add \$10. to final balance.
- Group A-Final Balance = \$365.
- Group B-Final Balance = \$395.
- Group C-Final Balance = \$410.
- Group D (Boys HS swimmers, non-USA)-Final Balance = \$310.

## AQUATICS

- Group E (Girls HS swimmers, non-USA)-Final Balance = \$310. Due by Nov. 9
- Group USA Swimmers-Final Balance = \$345.
- Team suit fitting date TBA. All swimmers are required to wear the current team suit and cap at meets. Additional required equipment includes: practice suit, fins, caps and goggles. Older swimmers may be required to have hand paddles and practice snorkels. Equipment will be available for purchase/order at the team suit fitting.
- Parents meeting To Be Announced.
- Please visit [www.newmilfordbarracudas.com](http://www.newmilfordbarracudas.com) for more information.
- Please Note: If a pool closure beyond the Barracudas control (i.e. weather, pool repairs, high school swim meets) occurs, the Barracudas will make every effort possible to notify the team in a timely fashion when such closures are announced to us. While we hope that interruptions to practices are kept to a minimum, they still occur during every season. Families are still responsible for payment of program fees. Make up session are held only when possible (and are not guaranteed), based on pool and coach availability.



Activity	Ages	Grades	Date	Fees
Fall Barracuda Swim Team (Registration Fee)	6 - 16	N/A	08/01/2018 - 03/01/2019	\$50.00 Res, \$50.00 Non-Res
Fall Barracuda Swim Team (Group A)	6 - 16	N/A	08/01/2018 - 03/01/2019	\$365.00 Res, \$375.00 Non-Res
Fall Barracuda Swim Team (Group B)	6 - 16	N/A	08/01/2018 - 03/01/2019	\$395.00 Res, \$405.00 Non-Res
Fall Barracuda Swim Team (Group C)	6 - 16	N/A	08/01/2018 - 03/01/2019	\$410.00 Res, \$415.00 Non-Res
Fall Barracuda Swim Team (Group D-BOYS High School Team)	N/A	9 - 12	08/01/2018 - 03/01/2019	\$310.00 Res, \$320.00 Non-Res
Fall Barracuda Swim Team (Group E-GIRLS High School Team)	N/A	9 - 12	08/01/2018 - 03/01/2019	\$310.00 Res, \$320.00 Non-Res
Fall Barracuda Swim Team (Group USA Swimmers)	6 - 16	N/A	08/01/2018 - 03/01/2019	\$345.00 Res, \$355.00 Non-Res

## CLASSES & ACTIVITIES

### All Tuckered Out-Boys & Girls-Sarah Noble

Programs for the Fall, Winter and Spring!

Kids will play a variety of outdoor games (capture the flag, badminton, 4-Square, etc.) guaranteed to get the "all tuckered out"!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
All Tuckered Out-Boys & Girls-Sarah Noble FALL OUT-DOORS	N/A	3 - 5	W	09/26/2018 - 11/07/2018	3:15 PM - 4:45 PM	Sarah Noble Intermediate School	\$65.00 Res, \$75.00 Non-Res
All Tuckered Out-Boys & Girls-Sarah Noble WINTER INDOORS	N/A	3 - 5	W	01/09/2019 - 02/13/2019	3:15 PM - 4:45 PM	Sarah Noble Intermediate School	\$65.00 Res, \$75.00 Non-Res

## Ballet Princesses!

Delight to the music of favorite fairy tale princesses while learning the fundamentals of basic ballet and ballet terminology!

Instructor: Lindsey (Rourke) Burk.

Please, due to space limitations, parents are asked to drop their students off for class and return at dismissal time. Parents may observe their student's progress at the end of the program in "open class".

Feel free to dress up in ballet attire and/or your favorite character, or comfy clothes are ok.

- Ballet shoes are a must!
- Class size is limited, so register early.
- Parents are asked to drop off students and can watch during "open class" held on the last week.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Ballet Princesses-Fall-8 Weeks Monday Class	2.06 - 3	N/A	M	09/17/2018 - 11/12/2018	3:30 PM - 4:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Ballet Princesses-Fall-8 week Monday Class	4 - 6	N/A	M	09/17/2018 - 11/12/2018	4:00 PM - 4:45 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Ballet Princesses-Winter-8 Weeks Monday Class	2.06 - 3	N/A	M	01/07/2019 - 03/11/2019	3:30 PM - 4:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Ballet Princesses-Winter-8 Weeks Monday Class	4.06 - 6	N/A	M	01/07/2019 - 03/11/2019	4:00 PM - 4:45 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res

## Beginner Knitting

Learn how to make a beautiful scarf for yourself or loved one, which makes a great gift and is easy and quick to do!

Basic stitches, such as casting on, knit, purl and binding off. Please bring size 7 or size 8 straight needle and two skeins of Lion Brand or Red Heart 100% acrylic yarn.

Great Mother-Daughter activity, or even Grandmother-Granddaughter!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Beginner Knitting	12 - 99	N/A	M	09/17/2018 - 10/22/2018	7:00 PM - 8:00 PM	JPCC Program Room #2	\$60.00 Res, \$70.00 Non-Res

## Crafty Art for Kids

Come play for this eight-week program run by the Parks & Recreation Summer Camp Director/Village Center for the Arts Instructor!

- Instructor: Roberta Baker
- Children will explore with paint, oil pastels, clay and other medium to create their own masterpieces.
- They will complete and take home a different art project each week!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Crafty Art for Kids-Fall	N/A	1 - 4	Th	09/13/2018 - 11/01/2018	4:30 PM - 5:30 PM	JPCC Program Room #2	\$75.00 Res, \$85.00 Non-Res
Crafty Art for Kids-Winter	N/A	1 - 4	Th	01/10/2019 - 02/28/2019	4:30 PM - 5:30 PM	JPCC Program Room #2	\$75.00 Res, \$85.00 Non-Res

## Karate, Kids Kicks

Situational self-defense will be explored.

- This dynamic karate program, conducted by USA Martial Arts instructors
- Designed specifically for the 5-6 year old youngster to learn basic martial arts skills, as well as respect, cooperation, leadership and fitness.
- Snow dates of March 5th, if needed, for Wed. classes!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Kids Kicks, FALL WED.	5 - 6	N/A	W	09/12/2018 - 11/28/2018	5:30 PM - 6:15 PM	JPCC gym	\$65.00 Res, \$75.00 Non-Res
Kids Kicks, WINTER WED.	5 - 6	N/A	W	12/05/2018 - 02/13/2019	5:30 PM - 6:15 PM	JPCC gym	\$65.00 Res, \$75.00 Non-Res

## Karate-Tang Soo Do

This popular program was developed to provide each student with increased self-discipline and self confidence, coordination, strength and a sense of accomplishment.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Karate: FALL SATURDAYS	7 - 99	N/A	Sa	09/15/2018 - 12/08/2018	10:00 AM - 11:00 AM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Karate: WINTER SATURDAYS	7 - 99	N/A	Sa	12/15/2018 - 03/02/2019	10:00 AM - 11:00 AM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Karate: FALL WED.	7 - 99	N/A	W	09/12/2018 - 11/28/2018	6:15 PM - 7:15 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Karate: FALL WED ADV.	7 - 99	N/A	W	09/12/2018 - 11/28/2018	7:15 PM - 8:15 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Karate: WINTER WED.	7 - 99	N/A	W	12/05/2018 - 02/13/2019	6:15 PM - 7:15 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Karate: WINTER WED ADV.	7 - 99	N/A	W	12/05/2018 - 02/13/2019	7:15 PM - 8:15 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res

## FITNESS

### Boxercise!

This workout with longtime instructor Debi Fitzgerald involves a combination of aerobic exercises and boxing

techniques with pilates, and has been formulated for the to help people stay fit while having fun!

A new form of fitness!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Boxercise!	18 - 99	N/A	M	09/17/2018 - 11/05/2018	8:30 AM - 9:30 AM	JPCC gym	\$75.00 Res, \$85.00 Non-Res

## Pilates

Pilates is one of the hottest fitness trends in America. Pilates is a sequence of full body exercises that focus on the stabilizing muscles of the abdomen and back.

- Instructor: Debi Fitzgerald
- In this 8-week class, we'll blend some of the Pilates techniques with many of the flexibility movements of Yoga for a great non-impact workout. This unique approach encourages stronger, longer and more flexible muscles while improving body awareness and concentration.
- Beginners are encouraged to attend as everyone participates at his or her own pace.
- Bring your own mat or pillow and wear athletic pants or shorts.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Pilates-Fall	18 - 99	N/A	TuTh	09/18/2018 - 11/08/2018	7:00 PM - 8:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Pilates-Early Winter	18 - 99	N/A	TuTh	11/13/2018 - 01/17/2019	7:00 PM - 8:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Pilates-Winter	18 - 99	N/A	TuTh	01/29/2019 - 03/21/2019	7:00 PM - 8:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res

## Zumba

Have fun working out, no matter your level of experience or your age.

- Instructor Debi Fitzgerald blends hot international music with contagious dance steps for an addictive fitness party!
- This program is limited to 20 participants



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Zumba-Fall	N/A	N/A	TuTh	09/18/2018 - 11/08/2018	6:00 PM - 7:00 PM	JPCC	\$75.00 Res, \$85.00 Non-Res
Zumba-Early Winter	N/A	N/A	TuTh	11/13/2018 - 01/17/2019	6:00 PM - 7:00 PM	JPCC	\$75.00 Res, \$85.00 Non-Res
Zumba-Winter	18 - 99	N/A	TuTh	01/29/2019 - 03/21/2019	6:00 PM - 7:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res

## PRE SCHOOL ACTIVITIES

### For Tikes Only

Tikes will have a great time playing with friends while Mom and Dad have some time out!

- Instructor: Michele Gasiewski
- Time will fly as the kids sing, play, slide, draw, glue, paint and listen to stories.
- Please pack a snack, drink and smock for your child.
- **Children MUST be potty trained.**
- Class size limited to 6 children.
- PLEASE NOTE: DURING THE SUMMER WEATHER, NEW MILFORD PARKS & RECREATION RESERVES THE RIGHT TO CANCEL CLASS AS A HEAT PRECAUTION.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Tikes Only-Session Four-5 WEEKS!	3 - 4	N/A	F	08/10/2018 - 09/07/2018	9:30 AM - 11:30 AM	JPCC Program Room #1	\$75.00 Res, \$85.00 Non-Res
Tikes Only-Session One-5 WEEKS!	3 - 4	N/A	F	09/14/2018 - 10/19/2018	9:30 AM - 11:30 AM	JPCC Program Room #1	\$75.00 Res, \$85.00 Non-Res
Tikes Only-Session Two-5 WEEKS!	3 - 4	N/A	F	10/26/2018 - 11/30/2018	9:30 AM - 11:30 AM	JPCC Program Room #1	\$75.00 Res, \$85.00 Non-Res
Tikes Only-Session Three-5 WEEKS!	3 - 4	N/A	F	12/07/2018 - 01/11/2019	9:30 AM - 11:30 AM	JPCC Program Room #1	\$75.00 Res, \$85.00 Non-Res
Tikes Only-Session Four-5 WEEKS!	3 - 4	N/A	F	01/25/2019 - 02/22/2019	9:30 AM - 11:30 AM	JPCC Program Room #1	\$75.00 Res, \$85.00 Non-Res

## Tumblin' Tikes

Children and parents learn to play, sing, create and laugh together while romping to music, exploring our indoor play land, and meeting new friends.

- Instructor: Michele Gasiewski
- This program helps children develop sensory awareness and build motor skills.
- If needed, siblings are welcome to attend, but for safety reasons, they are not permitted on any of the equipment.
- Register soon; this class is very popular!
- Parent or guardian required.



- PLEASE NOTE: DURING THE SUMMER MONTHS, NEW MILFORD PARKS & RECREATION RESERVES THE RIGHT TO CANCEL CLASSES IN THE EVENT OF EXTREME HEAT.

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Tumblin' Tikes-FALL (Tues, Early AM)	1 - 2	N/A	Tu	09/11/2018 - 10/23/2018	9:15 AM - 10:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL (Tues, Mid AM)	2 - 3	N/A	Tu	09/11/2018 - 10/23/2018	10:15 AM - 11:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL (Wed, Early AM)	2 - 3	N/A	W	09/12/2018 - 10/24/2018	9:15 AM - 10:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL (Wed., Mid AM)	1 - 2	N/A	W	09/12/2018 - 10/24/2018	10:15 AM - 11:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL/WINTER (Tues, Early AM)	1 - 2	N/A	Tu	10/30/2018 - 12/18/2018	9:15 AM - 10:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL/WINTER (Tues, Mid AM)	2 - 3	N/A	Tu	10/30/2018 - 12/18/2018	10:15 AM - 11:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL/WINTER (Wed, Early AM)	2 - 3	N/A	W	10/31/2018 - 12/19/2018	9:15 AM - 10:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-FALL/WINTER (Wed., Mid AM)	1 - 2	N/A	W	10/31/2018 - 12/19/2018	10:15 AM - 11:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-WINTER (Tues, Early AM)	1 - 2	N/A	Tu	01/08/2019 - 03/05/2019	9:15 AM - 10:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-WINTER (Tues, Mid AM)	2 - 3	N/A	Tu	01/08/2019 - 03/05/2019	10:15 AM - 11:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-WINTER (Wed, Early AM)	2 - 3	N/A	W	01/09/2019 - 03/06/2019	9:15 AM - 10:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res
Tumblin' Tikes-WINTER (Wed., Mid AM)	1 - 2	N/A	W	01/09/2019 - 03/06/2019	10:15 AM - 11:00 AM	JPCC	\$70.00 Res, \$80.00 Non-Res

## Karate, Little Ninjas

One of our most popular offerings!

- Taught by USA Martial Arts Bob Murphy
- This exciting karate program for little ones teaches respect, self-control and confidence.
- 10 weeks.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Little Ninjas-FALL	3 - 4	N/A	Sa	09/15/2018 - 12/08/2018	9:30 AM - 10:00 AM	JPCC gym	\$65.00 Res, \$75.00 Non-Res
Little Ninjas-WINTER	3 - 4	N/A	Sa	12/15/2018 - 03/02//2019	9:30 AM - 10:00 AM	JPCC gym	\$65.00 Res, \$75.00 Non-Res

## Little Language Learners

This play-based program will introduce your preschooler to the Spanish language, with numbers, colors, and hands-on activities with music and games.

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Little Language Learners	3 - 5	N/A	M	09/17/2018 - 10/08/2018	11:00 AM - 11:45 AM	JPCC Program Room #2	\$40.00 Res, \$50.00 Non-Res

## SPECIAL INTEREST

### Archery! Ready, Aim, Target!

Target Archery in Sega Meadows Park!

Experience the sport of archery in a fun, safe and supervised environment. Four week class-Safety instructions followed by hands-on shooting on the new range.

No prior experience, and bows are provided, but you must bring your own target arrows (Dick's Sporting Goods, Amazon or Newberry Archery in Goshen) , and quiver (targets supplied by New Milford Parks & Recreation). An arm guard sleeve is highly recommended.

Enter Sega Meadows Park at Boardman Bridge Entrance. Walk in approx. 500 yards. You will see the Archery Range in the open field.

**Rules: Follow Safe Archery Shooting Procedures**

**Verify range is clear before shooting**

**Shoot only in 1 direction & at designated targets**

**Nock arrows only at shooting line**

**Keep bows pointed at target and draw bow will arrow parallel to ground**

**Before retrieving arrows, all shooters must place bows down and give "cease fire"**

**Bows are not to be picked up or handled for any reason during arrow retrieval until all archers return and are behind the shooting line**

**Broad head shooting is allowed only at targets approved for the intended purpose**

**Every effort should be taken to retrieve lost arrows. Numbers of arrows in=number of arrows out**

**Adolescents under the age of 18 must be under the supervision of an adult**



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Archery!	10 - 99	N/A	Sa	09/15/2018 - 10/27/2018	10:00 AM - 10:45 AM	Sega Meadows Park	\$70.00 Res, \$80.00 Non-Res

## Cutting the Cable TV Cord

Intrigued by the thought of going “cable-less”, but not quite sure where to begin? Do you want to watch anything you want without cable TV and to save money in the process?

Learn how to go “cable-less”!

Then this class is for you!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Cutting the Cable TV Cord	18 - 99	N/A	W	09/19/2018	7:00 PM - 9:00 PM	JPCC Program Room #2	\$20.00 Res, \$30.00 Non-Res

## Gettin' Jiggy, Irish Step Dancing

Let your child experience the history and culture of Ireland! Taught by World Renown Dancing Competitor and Instructor Catie Friel.



- Kids Should Bring:
- A smile and a pair of listening ears!
- Sneakers or any type of soft dancing shoe.
- Comfortable clothes
- A water bottle
- Information about purchasing formal Irish Dancing Gillies (shoes) and Irish Dance Practice Music will be given the 1st week of class.
- Parents are encourage to drop off students and can watch during the “open class” on the 8th week. Family and friends are welcome to attend the class performance: There will be plenty of photo ops to capture the action!

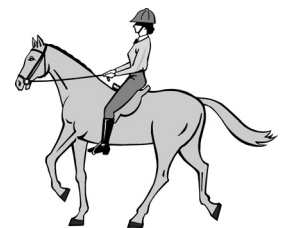
Activity	Ages	Grades	Day	Date	Time	Location	Fees
Gettin' Jiggy-FALL Beginner & Novice	5 - 13	N/A	M	09/10/2018 - 10/29/2018	4:45 PM - 5:45 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Gettin' Jiggy-FALL Advanced-BY INVITATION ONLY!	5 - 13	N/A	M	09/10/2018 - 10/29/2018	5:45 PM - 6:45 PM	JPCC gym	\$85.00 Res, \$95.00 Non-Res
Gettin' Jiggy-WINTER Beginner & Novice	5 - 13	N/A	M	01/07/2019 - 03/11/2019	4:45 PM - 5:45 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res
Gettin' Jiggy-WINTER Advanced-BY INVITATION ONLY!	5 - 13	N/A	M	01/07/2019 - 03/11/2019	5:45 PM - 6:45 PM	JPCC gym	\$85.00 Res, \$95.00 Non-Res

## Horseback Riding Lessons

Learn the basics of horsemanship using the friendly horses and ponies at Quiet Rein Stables. Adults and kids can both enjoy an intro to grooming, handling, and caring for the horses in adding to learning the basics of riding.

Participants will be able to learn at their own comfort level as they practice the proper position on a horse (known as equitation), and of course, learn to steer and control a horse while mounted.

- Helmets supplied by Quiet Rein (or bring your own)
- Riding boots or closed toe boot
- Jeans
- Waiting room for parents to observe



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Horseback Riding Lessons	8 - 99	N/A	Th	09/13/2018 - 10/18/2018	5:15 PM - 6:30 PM	Quiet Rein Stables, Wells Rd, New Milford	\$275.00 Res, \$285.00 Non-Res

## Pickleball



\$5 per day. All Levels!

Play every Tuesday from 1 PM to 3 PM and/or Friday from 12:30 pm to 2:30 pm.

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Pickleball	N/A	N/A	TuF	10/02/2018 - 05/17/2019	MULTI	JPCC gym	\$5.00 Res, \$5.00 Non-Res

## Sit and Stay Dog Class

Establish communication, leadership and cooperation as you build a bond of trust, understanding of and mutual respect with your dog.

PLEASE NOTE: THIS IS A 6 WEEK PROGRAM.

- Julie Soucy has been involved in the dog world for over a decade as a trainer, foster home and competitor. She has successfully trained a variety of dogs and is perceptive of each animal's needs, issues and abilities.
- Julie owns and competes with several dogs including Australian sheperds and a border collie mix.
- She instructs dog agility, obedience, and barn hunt, and is the trainer for Top Dogs, and 4-H in Dutchess County, NY., and believes that dog training should be fun as well as effective. In class, she shows owners how to enjoy training while still achieving reliable results.
- Teach your dog to happily respond to the words come, sit, down, stand, stay, heel, off and leave it by using gentle methods of positive reinforcement. Apply this to real life situation and develop a companion dog with
- good manners.
- A proof of rabies vaccination is required at the time of registration. Special Registration Questions Required.



### Class Descriptions

- FOR CLASSES AT EAST STREET SCHOOL GYM!
- Beginners Only-Please do not bring your dogs to the first night of class. Beginner Orientation on the first night is 6:30-7:30 PM.
- Real Life Situations-Do bring your dog to the first night of class from 7:30-8:30 PM.

### New Milford Dog Park

- The New Milford Dog Park is a volunteer organization dedicated to providing a safe and secure area for dog owners and their dogs to play and socialize.
- Please visit us on Facebook (New Milford CT Dog Park) or email us at [NMDogPark@aol.com](mailto:NMDogPark@aol.com) for updated information on the creation of our two dog parks and how you can help!
- The fenced dog park is located at 44 Pickett District Road.

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Fall Dog Class-Beginners	N/A	N/A	Th	09/13/2018 - 10/18/2018	6:30 PM - 7:30 PM	East Street School (Lillis Building) Gym (Lower Level)	\$90.00 Res, \$100.00 Non-Res
Fall Dog Class-Real Life Situations	N/A	N/A	Th	09/13/2018 - 10/18/2018	7:30 PM - 8:30 PM	East Street School (Lillis Building) Gym (Lower Level)	\$90.00 Res, \$100.00 Non-Res
Winter Dog Class-Beginners	N/A	N/A	Th	01/10/2019 - 02/14/2019	6:30 PM - 7:30 PM	East Street School (Lillis Building) Gym (Lower Level)	\$90.00 Res, \$100.00 Non-Res
Winter Dog Class-Real Life Situations	N/A	N/A	Th	01/10/2019 - 02/14/2019	7:30 PM - 8:30 PM	East Street School (Lillis Building) Gym (Lower Level)	\$90.00 Res, \$100.00 Non-Res

# SPORTS

## Basketball-Men's Pickup

for Ages 18+ Only.

Come play some pick up games on Sunday mornings!

\$35. for 12 Weeks or \$5. at the door. If you have not paid, you cannot play!



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Men's Pick Up Basketball	18 - 99	N/A	Su	09/09/2018 - 11/25/2018	8:30 AM - 10:30 AM	JPCC gym	\$35.00 Res, \$45.00 Non-Res

## Boys on the Move!

This afterschool running and conversation club is for young men grades 3-5 whether into sports or not.

Join Coaches Valerie Walsh and Chris Papsin for this conditioning program that encourages healthy physical activity through the sport of running.



- The capstone event will be one of the local road races.
- Class size is limited, so register early.
- Parent is to send note for Parent Pickup for duration of the program. Instructors will meet your child in the gym. At 4:45 PM, your child will be brought outside to the front of the building.
- Cost does NOT include race entry fee.

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Boys on the Move-Sarah Noble-Fall	N/A	3 - 5	M	09/17/2018 - 11/26/2018	3:15 PM - 4:45 PM	Sarah Noble Intermediate School Teacher's Lounge	\$140.00 Res, \$150.00 Non-Res

## Christmas Break Sports!

Fun on Christmas Break at JPCC Gym with basketball, dodge ball, floor hockey and volleyball. Wear your sneakers for a half-day filled with games and excitement. Snacks and water provided.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Christmas Break Sports!	N/A	3 - 5	WThF	12/26/2018 - 12/28/2018	9:00 AM - 11:00 AM	JPCC gym	\$20.00 Res, \$30.00 Non-Res

## Girls in the Groove!

Calling all 3rd-5th grade girls...we want you to join us after school for a running and conversation club!

- Instructors: Julie Antonucci and Lydia Patry
- Whether you are into sports or not, we think you have potential to be a great runner!
- This noncompetitive program is geared to equip pre-adolescent girls with self-confidence and to encourage healthy physical and emotional development through running and guided discussion groups.
- Team spirit, tolerance and coping skills will be emphasized.
- The capstone event will be one of the local road races.
- Class size is limited.
- Parent is to send note for Parent Pickup for duration of the program
- Cost does NOT include race entry fee



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Girls in the Groove!-FALL Tuesdays	N/A	3 - 5	Tu	09/11/2018 - 11/20/2018	3:15 PM - 4:45 PM	Sarah Noble Intermediate School Teacher's Lounge	\$140.00 Res, \$150.00 Non-Res

## Multi Sport Madness

Indoor fun and games!

Your child will have hands-on experience with a variety of games, such as dodgeball, floor hockey, volleyball and basketball, while learning about teamwork and sportsmanship.

Wear sneakers, and bring a water bottle and a snack.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Multi Sport Madness	N/A	3 - 5	Tu	09/11/2018 - 10/16/2018	4:30 PM - 5:30 PM	JPCC gym	\$60.00 Res, \$70.00 Non-Res

## Soccer

REGISTRATION OPENS July 1, 2018!

Please note: The cost of this program is kept affordable by using Parent-Coach Volunteers. Without parents to help, the cost would more than triple! Please consider becoming a Parent-Coach - No soccer experience needed. The Program Coordinator will provide you with practice drills and other information. Please take an active part in your child's development.

Please note: the cost of this program is kept affordable by using Parent-Coach Volunteers. Without parents to help, the cost would more than triple! Please consider becoming a Parent-Coach -- No soccer experience needed!

The Program Coordinator will provide you with practice drills and other information. Please take an active part in your child's development.

Learn the fundamentals in this instructional league that plays on Saturday mornings. (no practices are held).

Soccer takes place at the NORTHVILLE SOCCER FIELDS, DIRECTLY BEHIND NORTHVILLE SCHOOL.

Every child is placed on a team and plays in every game, with emphasis on sportsmanship, teamwork and fun.

Shin guards are required.

Picture Day to be announced.



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Soccer, FALL	4 - 7	PK - 1	Sa	09/08/2018 - 11/03/2018	9:00 AM - 10:00 AM	Northville Soccer Fields	\$45.00 Res, \$55.00 Non-Res
Soccer, FALL	N/A	2 - 4	Sa	09/08/2018 - 11/03/2018	10:15 AM - 11:15 AM	Northville Soccer Fields	\$45.00 Res, \$55.00 Non-Res
Soccer, FALL	N/A	5 - 7	Sa	09/08/2018 - 11/03/2018	11:30 AM - 1:00 PM	Home Depot Soccer Fields	\$45.00 Res, \$55.00 Non-Res

## Volleyball

Girls grade 3-6 will be introduced to the game of volleyball through the positive coaching of Lisa Stein. The focus will be to develop skills, and to learn the game of volleyball with teamwork and sportsmanship.

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Volleyball	N/A	3 - 6	Th	09/27/2018 - 11/15/2018	4:30 PM - 6:00 PM	JPCC gym	\$75.00 Res, \$85.00 Non-Res

## Wild Hoops Basketball

It's Awesome, It's Cool, It's Wild!  
 A fun and instructional basketball program!  
 For Boys and Girls  
 Grades 3, 4, & 5  
 8 Weeks



DUE TO THE LIMITED NUMBER OF TSHIRTS, LATE REGISTRANTS MAY NOT GET A TSHIRT!

No Wild Hoops on 2/16! Snow dates of March 9, 16 (if needed)

Activity	Ages	Grades	Day	Date	Time	Location	Fees
Wild Hoops Basketball	N/A	3 - 5	Sa	01/05/2019 - 03/02/2019	1:00 PM - 3:00 PM	JPCC	\$57.00 Res, \$67.00 Non-Res

## TENNIS

Learn a game you can play for a lifetime. Through the game of tennis you can maintain fitness, enjoy the outdoors, meet new people, and discover the new you! This six-week course introduces you the fundamentals of tennis.

- Beginner: Introduction to ball control, hitting balls in an appointed direction and basic forehand and backhand strokes.
- Low Intermediate: Continued emphasis on ball control, serving, volleying and overheads, and keeping the ball on the court.
- Intermediate: Introduces the concept of competition, keeping the balls volleying back and forth on the court, steadiness and repetition. Possible introduction to score keeping, how to win a game, a set, and so forth.
- Bring your own racquet, a new can of tennis balls, tennis shoes and a water bottle.
- Rain make up dates TBA



Activity	Ages	Grades	Day	Date	Time	Location	Fees
Tennis Fall Saturdays: Beginner-Six Weeks	8 - 16	N/A	Sa	09/08/2018 - 10/20/2018	9:00 AM - 10:00 AM	Young's Field Tennis Courts	\$75.00 Res, \$85.00 Non-Res
Tennis Fall Saturdays: Low Intermediate-Six Weeks	8 - 16	N/A	Sa	09/08/2018 - 10/20/2018	10:00 AM - 11:00 AM	Young's Field Tennis Courts	\$75.00 Res, \$85.00 Non-Res
Tennis Fall Saturdays Intermediate-Six Weeks	8 - 16	N/A	Sa	09/08/2018 - 10/20/2018	11:00 AM - 12:00 PM	Young's Field Tennis Courts	\$75.00 Res, \$85.00 Non-Res

### Publicity

Program offerings are published in the sports section of the New Milford Spectrum. Special information flyers are distributed through the schools and are available at the library.

### New Milford Gift Fund

As a governmental Department, New Milford Parks and Recreation programs and services are limited monetarily. We do our best to provide high-quality recreation programs and well-maintained parks, trails and open space for the citizens of New Milford while constrained by the our budgetary limits. We graciously accept tax-deductible gifts. A gift to the Parks and Recreation Department is a gift to the community and citizens of New Milford. We accept general monetary or material donations or you may wish to donate for a specific project or cause. Please call today if you are interested in giving back to your New Milford.

### Insurance

The New Milford Parks and Recreation Department does not provide accident insurance coverage for any of our programs or activities. Participants are advised to carry a personal accident insurance policy to protect them in the event of an injury.

### Gift Certificates

Recreation programs make great gifts for that special someone. Call or stop by to purchase gift certificates for any of our programs.

### Community Contacts

Chamber of Commerce	(860) 354-6080
Candlewood Lake Authority	(860) 799-0071
New MilfordDogPark (Candlewoof Park)	NMDP.Pres@gmail.com
Senior Center	(860) 355-6075
New Milford Public Library	(860) 355-1191
New Milford Youth Agency	(860) 354-0047
Pratt Center	(860) 355-3137
Harrybrooke Park	(860) 354-6325
Canterbury School	(860) 210-3800
New Milford Youth Baseball (Robert Beebe)	www.nmybbss.com
Pop Warner Bulls	NMBULLS.org
New Milford Youth Lacrosse	<a href="http://www.nmyl.org">www.nmyl.org</a>
New Milford Soccer Club	www.newmilfordsoccer.com
New Milford Youth Basketball	www.newmilfordhoops.org
New Milford Youth Hockey	1-860-331-8191 www.nwcyh.com
	(860) 331-8191
New Milford Green Wave Youth Football	ww.newmilfordyouthfootball.com
	presidentgreenwavefootball@gmail.com
	(860) 354-1120
Newcomers Club (Kathy French)	www.wcgnm.org
Women's Club	(860) 354-4318
Village Center For the Arts (Jayson Roberts)	www.gsofct.org
Girl Scouts	1-800-414-2433
Boy Scouts	(860) 355-3055
Garden Club (Sally Milligan)	<a href="mailto:newmilartscomm@gmail.com">newmilartscomm@gmail.com</a>
New Milford Commission on the Arts	



### Full-Time Staff

Daniel Calhoun	<i>Director, Parks &amp; Recreation</i>
<a href="mailto:dcalhoun@newmilford.org">dcalhoun@newmilford.org</a>	
Eleanor Covelli	<i>Assistant Director, Parks and Recreation</i>
<a href="mailto:ecovelli@newmilford.org">ecovelli@newmilford.org</a>	
Jeanne Radcliff	<i>Administrative Assistant I</i>
Lorraine McEntee	<i>Administrative Assistant II</i>
Bill Faure	<i>Working Foreman</i>
Blaze Tuz	<i>Maintainer I</i>
Kevin Swanson	<i>Maintainer II</i>
Eugene Davis	<i>Maintainer II</i>
John Moniz	<i>Maintainer II</i>
Joe Cole	<i>Maintainer II</i>

### The Town of New Milford Parks and Recreation Commission

Lisa Arasim	<i>Chair</i>
William Kamp	<i>Vice Chair</i>
Tom Saunders	<i>Secretary</i>
Thomas Beecher	
Alfred Esposito	
Douglas Skelly	
Lisa Lawson	

The Commission meets on the third Monday of each month at the Parks and Recreation Building, John Pettibone Community Center, 2 Pickett District Road, NM at 7:00pm. Please join us and bring your ideas and suggestions.